

2018 Washington State Cross Country Coaches Poll # 5
2018 Week of Oct. 1st

Rank	Boys 4A	Rank	Girls 4A
1	Tahoma	1	Lewis & Clark
2	Redmond	2	South Kitsap
3	Camas	3	Camas
4	Lewis & Clark	4	Glacier Peak
5	Glacier Peak	5	Union
6	Central Valley	6	Redmond
7	Henry Jackson	7	Henry Jackson
8	Mead	8	Lake Stevens
9	Olympia	9	Thomas Jefferson
10	West Valley-Yakima	10	Emerald Ridge
Others	South Kitsap, University, Mt. Si & Lake Stevens	Others	Issaquah, Skyline, Bellarmine Prep & Hanford
Rank	Boys 3A	Rank	Girls 3A
1	Kamiakin	1	North Central
2	Edmonds-Woodway	2	Ingraham
3	North Central	3	Kamiakin
4	Arlington	4	Eastside Catholic
5	Rogers-Spokane	5	Bishop Blanchet
6	Interlake	6	Snohomish
7	Bishop Blanchet	7	Ballard
8	Lakeside-Seattle	8	Holy Names Academy
9	Bainbridge	9	Edmonds-Woodway
10	Ballard	10	Garfield
Others	Stadium, Snohomish, Nathan Hale & Shorewood	Others	Central Kitsap, Shorecrest & Lake Washington
Rank	Boys 2A	Rank	Girls 2A
1	Washougal	1	Pullman
2	Sehome	2	Selah
3	Pullman	3	Ellensburg
4	Mountlake Terrace	4	Cedarcrest
5	Liberty-Issaquah	5	Hockinson
6	Sammamish	6	Port Angeles
7	Cheney	7	Hockinson
8	Cedarcrest	8	Sehome
9	Selah	9	Bellingham
10	Ellensburg	10	Lakewood
Others	Ridgefield, Steilacoom & East Valley-Spokane	Others	Washougal, Liberty-Issaquah & Burlington-Edison
Rank	Boys 1A	Rank	Girls 1A
1	Lakeside-Nine Mile Falls	1	Lakeside-Nine Mile Falls
2	Meridian	2	Northwest
3	Klahowya	3	La Center
4	University Prep	4	Deer Park
5	South Whidbey	5	Kings
6	Cascade-Leavenworth	6	Cashmere
7	Connell	7	Meridian
8	Medical Lake	8	Columbia-White Salmon
9	Bush	9	Cashmere
10	Charles Wright Academy	10	Bush
Others	Omak, Overlake & Riverside	Others	Seton Catholic, Medical Lake & Chelan
Rank	Boys 1B/2B	Rank	Girls 1B/2B
1	Northwest Christian-Lacey	1	Liberty Bell
2	Asotin	2	Rainier
3	Pope John Paul II	3	St. George's
4	Colfax	4	Northwest Christian-Lacey
5	Tonasket	5	Trout Lake
6	Cedar Tree Classical Christian	Others	Pope John Paul II, Asotin & Ilwaco
7	Manson		
8	Trout Lake		
9	Kalama		
10	Liberty Bell		
Others	Life Christian Academy & Brewster		

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